

# Cupernham Infant School

## Newsletter 21 - Friday 19<sup>th</sup> July



Dear Parents and Carers

Thank you so much for your continued support during this academic year, I am especially proud of how our amazing children have continued to WOW us with their learning. Also, I'm incredibly grateful to our whole school community for continuing to ensure that the children remain Ready, Respectful and Safe at all times, ensuring high standards and the very best education for our children.

We have had a very busy and fun-filled final few weeks of term. There have been lots of dress up theme days, event days, an amazing RockSteady band concert and a brilliant leavers production performed by Year Two. This has been a very special time for our Year 2 children celebrating and remembering their time with us and it was lovely to see their families at their leaver's assembly.

I would like to take this opportunity to say a huge and heartfelt thank you to my amazing deputy headteacher, my senior leadership team, teachers, teaching assistants, my admin team, all the school support staff, site team and FOCUS and Governors, who everyday make a real and vital difference to the lives of our children. Their continued passion, commitment and drive to inspire our children at Cupernham Infant School is something I am extremely proud of and grateful for and I want to pay tribute to them for all their hard work and dedication.

The children are ready for their holidays and we hope you all have the chance to switch off and recharge and enjoy your holiday time. During the holidays we would always encourage you to keep reading and learning together so please help your child/ren to capture some of their special holiday highlights to share with their new class teachers. The Summer Reading Challenge, **Marvellous Makers** is ideal for this and more details are in my 'Hot Topic' section.

Have a restful weekend, ready for a fun packed last couple of days before term ends on Tuesday 23<sup>rd</sup> July at 1.20pm. We look forward to seeing you all on Tuesday 3<sup>rd</sup> September 2024 for the new school year.

Thank you for your continued support. Kind regards *Mr. D. Wells*

Dates for Your Diary	Date
Year 2 Leavers Disco	Tuesday 23 <sup>rd</sup> July 10.30am
Last Day of Summer Term	Tuesday 23 <sup>rd</sup> July (School Finishes at 1.20pm)
INSET Day	Monday 2nd September 2024
Back to School	Tuesday 3 <sup>rd</sup> September 2024
INSET Day	Friday 25th October 2024
Individual School Photographs	Thursday 19 <sup>th</sup> September 2024
Family Portraits – Pre-booking only	Saturday 19 <sup>th</sup> October 2024
Half Term Holidays	Monday 28 <sup>th</sup> October – Friday 1 <sup>st</sup> November
Christmas Holidays	Monday 23 <sup>rd</sup> December – Friday 3 <sup>rd</sup> January
INSET Day	Friday 14th February 2025
INSET Day	Monday 21st July 2025
INSET Day	Tuesday 22nd July 2025



## Our Learning This Week



### Year R

Wow! What an incredible half term it has been! The children have really enjoyed learning all about their topic 'Glorious Gardens.' They've enjoyed planting sunflower seeds and watching them grow and learning all about the different insects we may find in our Year R garden! To celebrate our topic, the children are very excited to attend their 'Ugly Bug Ball!' They have been very busy writing their invitations, creating decorations and baking delicious treats, ready for the party!

In RE, the children have been looking at the story of the 'prodigal son.' They have discussed the journey about 'looking forwards' and linked this to their own journey when transitioning to Year 1, next year. The children have created stars and written a sentence about what they are most looking forward to in Year 1. Well done Year R on another super term!



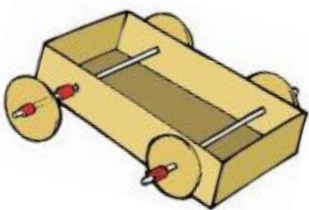
### KS1

#### Year 1

Year 1 have had a fabulous week! We have been getting creative with Aboriginal Art. The children have looked into where it originates from and thinking carefully about the natural colours used. They then had a go at creating their own Aboriginal backgrounds combined with an Australian animal doodle for their final piece. They look wonderful Year 1, well done everyone! In Maths, we have been learning how to tell the time to the hour and half past the hour. We look forward to our final two days next week, where we can spend some time reflecting on the highlights of our year together!

#### Year 2

Year 2 have had a fabulous week with their leavers assembly. Thank you to all who came. The children were amazing and we are all very proud of them. They have since had a great time designing and making a 'jungle buggy' using wheels and axles. What a fantastic last full week at Cupernham Infant School they have had.





## HOT TOPIC



### Fill your summer with reading fun...

I hope that the children went home buzzing from the Romsey Library Assembly 'Summer Reading Challenge' called **Marvellous Makers** performed with the help of the pupils from Romsey School. This week, all the children will have brought home a bookmark with all the details on.

We are always keen for the children to continue reading through the summer and the 'Reading Agency' charity has set up this amazing 'Summer Reading Challenge' which includes games to play, polls to take part in and awards to win!

It's free to take part! And, really quick and easy to sign them up. You can:

- Visit your local library and ask to sign up – a librarian will give you a special collector folder when you start your Challenge. Each time you finish a book, visit the library and collect special stickers and rewards.
- Visit [Summer Reading Challenge](#) to sign up online and unlock digital rewards including a new online badge.
- Visit [Hampshire Library Service](#) to sign up online.

All books can be sourced from your local library.



*Goodbye!*  
& THANK YOU



We sadly say goodbye to Mrs Parmar next Tuesday and wish her well as she embarks on a new adventure. On behalf of everyone here, we would like to thank her for all her hard work and commitment to make Cupernham Infant School the very best it can be.

Maternity Leave

We wish both Miss Saunders and Mrs Cody a happy maternity leave. Enjoy your family time!

*Happy  
Maternity  
Leave!*



A big 'Thank you' to Mrs McRobert for all her hard work supporting Kingfishers Class as their class teacher for this Summer Term.



Wedding Congratulations to Miss Parker who will be getting married in the summer holidays and will be back in September as Mrs Darlow (Woodpeckers Class).

## FOCUS

I would like to give a huge thank you our amazing FOCUS team who have worked so hard to raise crucial funds for our school over the year. If you are able to support them in any way, then please come to the AGM or volunteer by clicking on the links below.

To register your attendance at the AGM please complete this form

[FOCUS AGM Thurs 19/9/2024, 6.30pm](#)

Also, should you wish to express an interest in becoming a FOCUS volunteer from September please complete this form

[FOCUS Volunteering Opportunities - Registered Charity No. 1036721](#)

## Sports Clubs for September 2024

From September, we will be introducing some exciting new clubs after school and during the day and they are bookable on a first come first served basis. Full details are available on our website at:

[Sports clubs September 2024](#)



## What to bring in September

Please make sure that uniform is named and that your child always brings a book bag and water bottle to school each day.

**NO RUCKSACKS PLEASE.** Please do not buy a rucksack for school as we do not have safe space to store these. Thank you for your support.



## Bumped head protocol

A minor head injury can be a frequent occurrence in the school playground. Fortunately, the majority of head injuries are mild and do not lead to complications or require hospital admission. Please have a look at our bumped head protocols on our website. Click [here](#) to find out more.



## Parent Forum

Thank you to all those who attended the last Parent Forum on 'Homework'. The feedback was really helpful. We will be sharing the outcomes of the forums in September and we tweak and refine our current arrangements





## Open Days



Please share if you know someone who has a child due to start school in **September 2025**:

We would like to invite you to attend one of our open day sessions to find out about our life and learning here at Cupernham Infant School. Please contact the school office to book a space on 01794 514494.

Wednesday 2nd October 9.30am - 10.30am

Thursday 28<sup>th</sup> November 9.30am - 10.30am

Wednesday 9<sup>th</sup> October 6.30pm - 7.30pm

Tuesday 3rd December 9.30am - 10.30am

Wednesday 6<sup>th</sup> November 9.30am - 10.30am

## Useful Support and Helplines

Times are difficult at the moment and we want to let you that you are 'Never Alone'. This information has been put together by a number of professional services, highlighting the key agencies that may be able to offer help, support and advice when needed. In addition to this, please visit our new [Parent Support Pages](#) on our website for further support.



## Support for Families over the Summer Holidays

With the Summer holiday is rapidly approaching, we have been asked to share with our families the support available to you.

[ChatHealth](#) - ChatHealth is a confidential text support service for parents, carers, families and young people in Hampshire manned by Southern Health health visitors and school nurses.

There are three ChatHealth services for:

- **Parents and carers of children under 5** - Southern Health health visitors have a wealth of experience working with mums and dads-to-be, babies, toddlers and young children. They are trained to support with a wide range of health and wellbeing issues including crying babies, infant feeding, starting baby on solid foods, sleep and behaviour problems. As well as giving advice, the team can signpost to appropriate services. Text **07520 615720**.

- **ChatHealth 5-19** - The school nurse team supports parents with questions relating to a wide range of health and wellbeing issues including **healthy lifestyles, toileting, behaviour, sleep, emotional wellbeing and health conditions**. As well as giving advice, the team can signpost to appropriate services and other support. Text **07507 332417**
- **Young People aged 11-19** - School nurses support young people with questions relating to a wide range of health and wellbeing issues including **self-harm, relationships, bullying, weight, anxiety, drugs, smoking, stress, body worries, alcohol and sexual health**. As well as giving advice, the team can signpost to appropriate services and other support. Text **07507 332160**.

**Opening times: 8.30am - 4.30pm Monday-Friday** (ChatHealth 0-5 is 9:00am-4:00pm) exc. bank holidays. Any text sent outside opening hours will receive an automated message with advice of where to get help if their question is urgent. Out-of-hours texts will be replied to within one working day. **For urgent medical enquires, please call 999 or 111.**

[Hampshire Healthier Together](#) - clear information on common illnesses, including advice on what serious 'red-flag' signs to look out for, where to seek help if required, what you should do to keep comfortable and how long symptoms are likely to last.

[Kooth](#) is a free online counselling and emotional wellbeing support service offered to young people aged 11 - 25 years (up to their 26<sup>th</sup> birthday) with a safe and secure means of accessing support with their emotional and mental health needs from a professional team of qualified counsellors. By accessing Kooth young people can benefit from a **free, confidential, anonymous and safe** way to receive support online, **online counselling** from a professional team of BACP qualified counsellors and is available via 1-1 chat sessions or messaging on a drop in basis or via booked sessions including **out of hours' availability**. Counsellors are available from 12pm to 10pm on weekdays and 6pm to 10pm at weekends, every day of the year on a drop in basis. No referral is required, young people can access the service directly and in complete confidence at [www.kooth.com](http://www.kooth.com).

[Smokefree Hampshire](#) - do you smoke and would like help to quit? Are you worried about family members who smoke or vape? Smokefree Hampshire is a free and confidential stop smoking service which offers 12 weeks of support with a specialist stop smoking adviser as well as free nicotine replacement products. Smokefree Hampshire is available to anyone over the age of 12 years and can give advice on vaping.

[Catch 22](#) - A specialist treatment service offering targeted, specialist and family support for children and young people in Hampshire who are affected by substance misuse. Referrals can be made on the Catch 22 website and young people can call the 24 hour helpline 24/7 help line **0800 599 9591**.

[Mental Wellbeing Hampshire](#) - is a partnership of organisations working to support good mental health and wellbeing in our communities.

[Hampshire Family Information and Services Hub](#) (FISH) - Find information about what is going on in your area, details on how to access services, organisations and activities in Hampshire, and the advice and support that is available.

[Hampshire Safeguarding Children's Partnership](#) provides practical advice and help on supporting your child and keeping your family safe.

[The Royal Life Saving Society](#) (RLSS UK) - 46% of drownings occur in the summer months and this rises to 75% amongst 13 – 17-year olds. The RLSS UK offers lots of advice and tips to stay safe in the water during the summer.

[The Solihull Approach](#) - These **free online courses** offer advice and practical tips to boost your confidence as a parent, help you navigate family life and strengthen your relationships. Whether you are a mum, dad, foster parent or grandparent, there is a course for you.

Developed by psychologists and professionals, they have been designed to help you understand your child's feelings, development and behaviour, as well as focus on your own feelings as you grow as a family. Click on the link to find out more information and how you can access these free courses.

RomseyMethodistChurch  
building a community for Christ

**Free family fun**

**Stories that help us grow**

**Wednesdays 1.30 - 4pm**  
24th, 31st July and every Wednesday in August

**Fridays 10 - 12 am**  
26th July and every Friday in August

**Ages 0 - 11**

Romsey Methodist Church, The Hundred SO51 8BZ

**Stories, arts and crafts, and more fun activities!**  
**Our Beacon café will be open for refreshments**

For more info please visit:  
[www.romseymethodist.church](http://www.romseymethodist.church)  
or  
[facebook.com/RomseyMethodist](https://facebook.com/RomseyMethodist)